

Success at National Sportshall Finals 2019

The UK National Sportshall Finals took place at Sportcity, Manchester on Saturday 13th and Sunday 14th April with athletes from the club representing Berkshire in both the U13 Girl and U15 Boy teams.

As ever in Sportshall it was a weekend of fun, excitement, highs and lows, not to mention some great Sportshall athletics.

In the U13 Girls individual field events, Madisyn Woodley won the standing long jump with a new PB



(2.45m); Eden Hill was 3rd in the shot also with a PB (10.97m); Demi Obilanade was 2nd in the vertical jump (64cm) and Aimee Munt 4th (59cm), another new PB; and Rosie Cooper came 10th in the shot.

All of the girls also competed in track events. Demi won the 2-lap race in a fantastically close race in an even more fantastic time of 20.9 seconds - she would have been 4th = the following day in the U15 Girl competition and Demi is only in her first year as an U13!! Rosie was 11th in the 4-lap race; Madisyn 8th in the 6-lap race; whilst each of the girls also competed in the team relays and Aimee ran the 8 Lap Paarlauf.

Berkshire came 2nd overall, just 7 points behind Norfolk.

On Sunday the Berkshire U15 Boy team competed brilliantly, with Trey Bennett and Gregory Menkiti representing the club. As with the girl's competition it was an afternoon of high drama and emotion.

Gregory ran an amazing 4-lap race coming 4th overall and competed very strongly in the shot (10.61m 12th) and standing long jump (2.54m 10th=).

Trey ran his fastest ever 2-lap race (19.4 sec 4th=), set a new PB in the standing long jump (2.62m 5th=) and his speed bounce was ok as well (83 6th=).



Trey finished 3rd overall in the individual all-rounder competition and Gregory 8th - and both are first year U15 athletes for Sportshall - things are looking very good for the outdoor season for both boys and into next year in Sportshall!

To cap an amazing weekend the Berkshire U15 Boys team were crowned UK National Champions 2019.