

## **Wessex Young Athlete League : Information Sheet**

We make team selection details available as far in advance as we can based on stated availability.

Teams are selected based upon known performances of individuals in each of the events.

We select the team to optimise the number of points the club scores in each match as well as providing the opportunity for athletes to compete.

There are restrictions on the number and type of events each athlete may enter

### **QuadKids (U11)**

- teams of a maximum of 10 boys and 10 girls may be entered with the top 4 in each of the boy and girls team counting towards the team score
- each athlete competes in all 4 events; 75m, 600m, long jump and howler throw

### **U13 U15 U17**

- a maximum of three events plus the relay and not more than 1 endurance race
- there are A and B strings in each event as well as 4 athletes required for the 4x100m relay teams.
- we also announce the reserve for each event who will compete as the scoring athlete should the A and B strings not turn up or get injured! In the event both the A and B string athletes are available the reserve will compete in the event as a non-scoring athlete for experience
- reserves are expected to travel and compete in their selected events.

There will be other opportunities to compete in non-scoring track events if you are competing in less than 3 events so if you are not on the team or a reserve please let the team manager know and we will do our best to include you - every opportunity to compete is an important one.

### **Location :**

For each match we will provide location details and advice on what you may want to take with you for seating - some tracks have little or no cover and no stand, for example, others have lots of facilities...

### **Transport :**

For most matches we do not provide coach transport as they are mostly quite local.

If the match is some distance from TVAC we will have asked you to indicate that you would like us to provide a team coach. Details of this will be provided in advance.

If you need a lift or are willing to provide athletes with a lift please let the team manager know ([boysteam@sjac.uk.com](mailto:boysteam@sjac.uk.com)) so that something can be sorted out.

### **Taking another athlete - acting In Loco Parentis :**

If you are taking another athlete, please let the team manager know in advance.

In such instances it is a requirement of the club that you have in your possession a completed form authorising you to act In loco parentis (in place of the parent) in the event of an emergency.

This form is available from the Club Secretary, Team Manager or Chair

**Officiating / field event assistance :**

We are required to provide a team of officials for each match, without which we are not permitted to compete.

If you kindly wish to offer to assist our officials on the day with field event duties it will be much appreciated - subject to requirements.

Assistance at matches is credited to your Parent Rota duties next term.

**Registration :**

Please report to the Team Manager **no later than 10:00am** on the day of the competition.

Late registration will mean we have to change the team and your place will go to others. Events start at 10:45am.

**IMPORTANT : If you are running late please email the Team Manager ([BoysTeam@sjac.uk.com](mailto:BoysTeam@sjac.uk.com)) – emails are read throughout the morning leading up to the competition.**

**Kit :**

Please do not forget your safety pins. You require 8; 4 for your front number and 4 for the back number

You must compete in a club t-shirt if U11 and a club competition vest if U13 U15 or U17. Club competition vests are available to purchase at Saturday sessions and usually but not always at the match.

If you are not wearing a club representative vest you will not be allowed to take your place in the event.

**Availability changes :**

If you are no longer available, please let the Team Manager know immediately on [BoysTeam@sjac.uk.com](mailto:BoysTeam@sjac.uk.com)